

Set Goals & Train with Purpose

Book your one-on-one
personal training or
stretching session today with
our certified
personal trainers.



OLD
EDWARDS
INN *and Spa*

To Schedule Call (828) 787-2687
or Stop by The Fitness Center at
21 Church Street, Highlands

Personal Training Pricing & Packages

1 HOUR | \$85.00

30 MINUTES | \$50.00

10 SERIES | 1 HOUR

\$765.00

(\$76.50 Per Session)

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